



**T.A.O. STREET FOOD & SUSHI**

**EAT. DRINKS. SHARE.**



# NIGIRI

**2 PIECES**

- T.A.O FAVOURITE**  
**SALMON** 4.90
- OCTOPUS** 4.90
- EBI PRAWN** 5.50
- TAMAGO** 4.50
- T.A.O FAVOURITE**  
**TUNA** 5.50
- STEAK TATAKI** 4.50

## GRILLED NIGIRI

- TUNA** 5.50
- STEAK TATAKI** 5.50

## SASHIMI

- SALMON** 6.50
- TUNA** 6.90
- OCTOPUS** 5.50

## SUSHI SETS

**TOKYO SEA LIGHT & FRESH** 19.90

- 4 Salmon Sashimi
- 4 Tuna Sashimi
- 2 Tuna Nigiri
- 2 Salmon Nigiri

**Perfect for Sharing**

**PREMIUM TOKYO 2PPL SHARING** 35.90

- 4 Salmon Sashimi
- 4 Tuna Sashimi
- 2 Tuna Nigiri
- 2 Salmon Nigiri
- 6 Salmon Avocado
- 8 Golden Dragon

**All our sushi is Halal Friendly**

# MAKI

**CLASSIC & CREATIVE ROLLS MADE FRESH, JUST FOR YOU.**

- 6 PIECES**
- I'M NEW**  
**CALIFORNIA ROLL** 8.00  
Avocado, cucumber, crab stick, mayo
- I'M HOT**  
**SALMON TERIYAKI ROLL** 8.50  
Fresh salmon, avocado, cucumber, teriyaki sauce
- SPICY TUNA ROLL** 8.50  
Tuna, cucumber, spicy mayo
- SALMON AVOCADO ROLL** 7.95  
Salmon, avocado, sesame seeds
- CUCUMBER** 3.50  
Cucumber
- AVOCADO** 3.50  
Avocado

## T.A.O SIGNATURE

**8 PIECES**

- T.A.O BEST SELLER**  
**GOLDEN DRAGON ROLL** 14.50  
Tempura prawn, avocado, flamed salmon, mayo, teriyaki sauce, tobiko
- I'M NEW**  
**T.A.O FIRE ROLL** 13.90  
Tuna, avocado, flamed salmon, spicy mayo, teriyaki sauce, tobiko
- SALMON DRAGON ROLL** 12.90  
Crab stick, avocado, cucumber, salmon, mayo, teriyaki sauce, tobiko
- KATSU CHICKEN ROLL** 14.50  
Katsu chicken, avocado, sweet chilli sauce

## SHARING & BAO BUNS

**STREET FOOD VEGAN** 25.95

- Vegan Tofu bao (2pcs)
- Edamame Beans with Salts
- Yakitori Cauliflowers
- Vegetable Gyoza (5pcs)
- Cucumber Maki rolls (6pcs)

**STREET FOOD PLATTER** 27.95

- "Chickinkatsu" bao (2pcs)
- Edamame Beans with Salts
- Chicken balls Skewers (2pcs)
- Chicken Gyoza (5pcs)
- Salmon Maki rolls (6pcs)

# SMALL PLATES

**GREAT TO SHARE!**

- T.A.O FAVOURITE**  
**TAKOYAKI (SPCS)** 6.90
- BEST SELLER**  
**KOREAN CHICKEN POPCORN** 7.50
- CHEF RECOMMENDATION**  
**DEEP FRIED KING PRAWN TEMPURA (SPCS)** 10.50
- CHICKEN GYOZA (SPCS)** 6.90
- VEGETABLE GYOZA (SPCS)** 6.50
- CHICKEN BALL SKEWERS (2PCS)** 5.50
- EDAMAME BEANS WITH SEA SALTS** 3.90
- SALT & CHILLI SQUID** 6.90
- YAKITORI CAULIFLOWER** 5.50
- WAKAME COLD SALAD** 4.50
- THAI PRAWN CRACKERS** 3.50

## EXTRA

- Japanese White rice 3.00
- Egg Fried Rice 4.90
- Miso Soup 3.50
- Korean Kimchi 3.50
- Chips 3.50
- Salt and Chilli Chips 5.50

**SUITABLE FOR VEGAN**

**SPICY**

**VEGETARIAN**

**CONTAINS GLUTEN**

**FAMILY TIME AT T.A.O**

**"KIDS EAT FREE," SUNDAY ONLY**

**WALK-INS WELCOME**

**FOLLOW US**

# Curries

**T.A.O FAVOURITE**

- JAPANESE CHICKEN KATSU CURRY** 13.90  
Katsu curry sauce, chicken in crispy panko breadcrumbs, sticky white rice, side salad and fried onions, sesame seeds, carrots, potato. ~691 kcal
- JAPANESE PUMPKIN KATSU CURRY** 13.90  
Katsu curry sauce, pumpkin in panko breadcrumbs, sticky white rice, side salad and fried onions, sesame seeds, carrots, potato. ~601 kcal
- THAI GREEN CHICKEN CURRY** 13.90  
A creamy coconut curry with green chilli paste tender chicken breast, fresh vegetables, and aromatic Thai herbs, onions, mangetout, peppers, chilli, served with sticky white rice. ~572 kcal

# WOK FRIED

**FRESH INGREDIENTS. BOLD FLAVOURS. WOK-TOSSED TO PERFECTION.**

**COOKED - TO - ORDER**

- T.A.O FAVOURITE**  
**PAD THAI** 13.90  
Classic Thai rice noodles wok-fried with bean sprouts, spring onions and egg in a rich tamarind sauce, topped with crispy garlic, sesame seeds and fresh herbs.
- ADD FRIED EGG £1.50**  
**PAD KRA PAO (THAI HOLY BASIL)** 13.90  
Try a popular Thai dish, stir-fry minced pork or chicken, vegan option Tofu your choice with holy basil, chilli, green bean served with White rice.
- MAMA'S STEAK PEPPER UDON** 16.90  
Stir-fried udon noodles with fillet steak, vibrant bell peppers, beansprouts, and savory soy-based sauce, side salad, carrots, fried onions, spring onions. ~800 kcal

**CHOICES OF:**

- Chicken ~750 kcal
- King Prawn ~760 kcal +£2.00
- Tofu & Vegetables ~705 kcal

# TAO NOODLE BOWLS

Our noodle isn't just food - it's comfort in every bite. Handmade noodles, fresh ingredients, and soul-soothing soup that brings a taste of tradition to your table.

- T.A.O FAVOURITE**  
**CHAR SIU PORK RAMEN** 13.90  
Braised pork belly, egg, pak choi, bamboo shoot, spring onions, pork broth, sesame seeds. ~813 kcal
- SPICY KOREAN BEEF UDON** 14.90  
Slow cooked beef brisket in spicy Korean gochujang soup base, kimchi, spring onions, pak choi, egg, peashoot, sesame seeds. ~767 kcal
- CHICKEN RAMEN** 13.90  
Grilled chicken, egg, pak choi, spring onions, bamboo shoot, pea shoot, sesame and pork broth. ~584 kcal
- VEGAN CHICKEN RAMEN** 12.90  
Seasoned vegan chicken in teriyaki sauce, pak choi, spring onion, bamboo shoot, carrots, vegan broth. ~480 kcal
- SPICY KOREAN TOFU UDON** 11.90  
Korean spicy gochujang vegan soup base, tofu, kimchi, spring onions, pak choi, bamboo shoot, peashoot, carrots. ~475 kcal
- I'M NEW**  
**TATAKI STEAK CHILLI RAMEN** 16.90  
Seared steak slices in spicy pork broth, egg, chilli oil, pak choi, bamboo shoot, spring onion, peashoot, sesame seeds, chilli. ~800 kcal

# Poke Bowls

**FRESH. HEALTHY. HAWAIIAN-STYLE BOWLS.**

- T.A.O FAVOURITE**  
**FRESH SALMON POKE BOWL** 13.90  
Fresh diced salmon served over sushi rice with avocado, edamame beans, seaweed salad, cucumber, mixed greens, finished with sesame seeds and our homemade teriyaki. ~620 kcal
- TOFU POKE BOWL** 11.90  
Crispy fried tofu with seaweed salad, cucumber and mixed greens on sushi rice with sesame and house poke dressing. ~640 kcal
- CHICKEN KATSU POKE BOWL** 12.90  
Crispy chicken katsu with teriyaki, edamame, seaweed salad, cucumber and mixed greens on sushi rice, finished with sesame and spicy mayo. ~780 kcal

**Add Extra:**

- Egg £1.50
- Noodles £1.50
- Chicken £1.50
- Beef Brisket £2.00
- King Prawn £3.00

*Fresh Ingredients Big Flavour Made for You*

# TAO DONBURI RICE BOWLS

Steamed rice with fresh toppings and house sauces

- T.A.O FAVOURITE**  
**SPICY KOREAN CHICKEN DONBURI** 5.61 kcal  
Crispy chicken in spicy gochujang sauce, sticky rice, side salad, carrots, spring onions, sesame seeds, yellow pickle.
- T.A.O BEST SELLER**  
**TERIYAKI BEEF DONBURI** 5.61 kcal  
Beef brisket in teriyaki sauce, sticky rice, side salad, carrots, spring onions, sesame seeds.
- TERIYAKI CHICKEN DONBURI** 4.50 kcal  
Grilled chicken in teriyaki sauce, sticky rice, side salad, carrots, spring onions, sesame seeds.
- SPICY ROASTED DUCK DONBURI** 7.50 kcal  
Roasted duck in spicy gochujang sauce, sticky rice, side salad, carrots, spring onion, kimchi.
- SPICY AUBERGINE DONBURI** 4.80 kcal  
Grilled aubergine in teriyaki sauce, sticky rice, side salad, carrots, spring onion, kimchi.
- TERIYAKI SHITAKE MUSHROOMS DONBURI** 3.12 kcal  
Shitake mushrooms in teriyaki sauce, sticky rice, side salad, carrots, spring onions, sesame seeds, yellow pickle.

**FAMILY TIME AT T.A.O**




# Lunch Menu

SERVED DAILY FROM 12PM - 3PM

## 2 COURSE MEAL FOR £12.95

### LIGHT SNACKS

MISO SOUP 

EDAMAME BEANS 

THAI PRAWN CRACKERS



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### MAINS

CHICKEN TERIYAKI DONBURI

CHICKEN KATSU CURRY 

CHARSIU PORK RAMEN 

TERIYAKI VEGAN RAMEN 


SPICY TERIYAKI AUBERGINE DONBURI  


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OR

## BENTO BOX £10.95



- EDAMAME BEANS
- CHICKEN GYOZA DUMPLINGS (2PCS) 
- SALMON MAKI ROLLS (4 PCS)
- GRILLED CHICKEN THIGH IN TERIYAKI SAUCE
- JAPANESE WHITE RICE
- MISO SOUP

- EDAMAME BEANS
- VEGETABLE GYOZA DUMPLINGS (2PCS) 
- CUCUMBER MAKI ROLLS (4 PCS)
- AUBERGINE IN TERIYAKI SAUCE
- JAPANESE WHITE RICE
- MISO SOUP

 CONTAINS GLUTEN

 VEGAN

 HOT DISHES

 VEGETARIAN



# MINI MENU

## MINI RAMEN

- **CHICKEN RAMEN** 🌿 5.25  
*Grilled chicken in teriyaki sauce, pak choi, carrots, sesame seeds, spring onions, thin ramen noodles. ~500 kcals*
- **TERIYAKI VEGAN CHICKEN RAMEN** 🌿 VEGAN 5  
*Grilled Vegan chicken in teriyaki sauce, pak choi, carrots, sesame seeds, thin ramen noodles. ~450 kcals*

## MINI DONBURI RICE BOWL

- **TERIYAKI CHICKEN** 5.25  
*Grilled chicken in teriyaki sauce, seasonal greens, carrots, sesame seeds, spring onions, rice. ~550 kcals*
- **JAPANESE CHICKEN KATSU** 🌿 5.25  
*Crispy Chicken in panko breadcrumbs, potato, carrots, fried onions, spring onions, seasonal greens, rice. ~650 kcals*
- **JAPANESE PUMKIN KATSU** 🌿 4.9  
*Crispy Pumpkin croquette in panko breadcrumbs, potato, carrots, fried onions, spring onions, seasonal greens, rice. ~500 kcals*



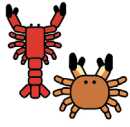
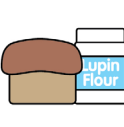

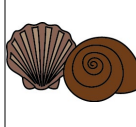





## MINI FRIED YAKI NOODLE

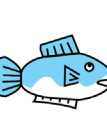
- **CHICKEN YAKI** 🌿 5.25  
*wok fried thin noodles with chicken, beansprout, spring onions, fried onions, yakisoba sauce. ~600 kcals*
- **TOFU AND VEGETABLES YAKI** 🌿 VEGAN 4.9  
*wok fried thin noodles with tofu & vegetables, beansprout, spring onions, fried onions, yakisoba sauce. ~450 kcals*




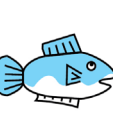
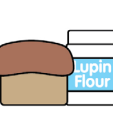



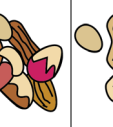

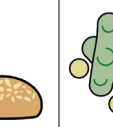
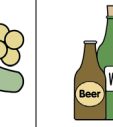

**EVERY SUNDAY  
12PM - 4PM  
KIDS EAT FREE\***





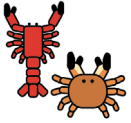
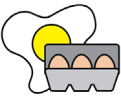
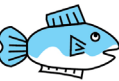
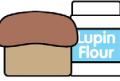








## DISHES AND THEIR ALLERGEN CONTENT – T.A.O STREET FOOD



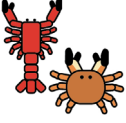


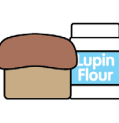








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN GYOZA 5pcs <186 kcals>		✓											✓	
PORK GYOZA 5pcs <207 kcals>		✓											✓	
VEGETABLE GYOZA 5pcs <214 kcals>		✓											✓	
EDAMAME BEANS with Salts <121 kcals>													✓	
THAI PRAWN CRACKER <482 kcals>			✓											
TAKOYAKI 5pcs <290 kcals>		✓		✓	✓			✓					✓	
SALT & CHILLI SQUID <240 kcals>								✓						
CHICKEN BALL SKEWERS 2pcs <130 kcals>												✓		
DEEP FRIED KING PRAWN TEMPURA 5pcs <290 kcals>		✓	✓											
YAKITORI CAULIFLOWERS <120 kcals>		✓										✓		
WAKAME SEAWEED SALAD <70 kcals>		✓										✓	✓	

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKINKATSU BAO 1pc <517 kcals>		✓		✓								✓		
BEEF-TIFUL BAO 1pc <451 kcals>		✓												
EBI PRAWN BAO 1pc <301 kcals>		✓	✓						✓				✓	
LET IT BURN VEGAN TOFU BAO 1pc <300 kcals>		✓							✓				✓	
HOSIN DUCK BAO 1pc <391 kcals>		✓												
KORAKE PUMPKIN BAO 1pc <409 kcals>		✓										✓	✓	
SALMON SASHIMI 4pcs <142 kcals>					✓									
TUNA SASHIMI 4pcs <110 kcals>					✓									
SALMON CARPACCIO 4pcs <181 kcals>					✓							✓	✓	
TUNA TATAKI 4pcs <145 kcals>					✓							✓	✓	

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SALMON NIGIRI 2pcs <114 kcals>					✓									
TUNA NIGIRI 2pcs <98 kcals>					✓									
EBI PRAWN NIGIRI 2pcs <123 kcals>			✓											
FLAMED SALMON NIGIRI 2pcs <123 kcals>					✓				✓					
SWEET EGG TAMAGO 2pcs <113 kcals>				✓										
AVOCADO NIGIRI 2pcs <91 kcal>														
INARI NIGIRI 2pcs <133 kcals>													✓	
COCKED OCTOPUS NIGIRI 2pcs <123 kcals>								✓						
CALIFORNIA MAKI ROLL 6pcs <310 kcals>		✓		✓				✓				✓	✓	
SALMON AVOCADO 6pcs <254 kcals>					✓							✓		



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
HOISIN DUCK ROLLS 8pcs <475 kcals>												✓	✓	
PLANT-BASED VEGAN ROLLS 8pcs <174 kcals>													✓	
FUTOMAKI ROLLS 8pcs <213 kcals>													✓	
CHAR SIU PORK RAMEN <813 kcals>		✓		✓								✓	✓	
CHIKEN RAMEN <584 kcals>		✓		✓								✓	✓	
SPICY KOREAN BEEF BRISKET UDON <767 kcals>		✓		✓								✓	✓	
VEGETABLE GYOZA RAMEN <537 kcals>		✓										✓	✓	
TERIYAKI VEGAN CHICKEN RAMEN <480 kcals>		✓										✓	✓	
SPICY KOREAN TOFU UDON <475 kcals>		✓										✓	✓	
CHARSIU PORK DONBURI <681 kcals>												✓		

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN DONBURI RICE BOWL <650 kcals>												✓	✓	
TERIYAKI BEEF BRISKET DONBURI RICE BOWL <566 kcals>												✓	✓	
SPICY ROASTED DUCK DONBURI RICE BOWL <750 kcals>												✓	✓	
SPICY AUBERGINE DONBURI RICE BOWL <480 kcals>												✓	✓	
SPICY KOREAN CHICKEN DONBURI RICE BOWL <561 kcals>		✓										✓	✓	
TERIYAKI SHIITAKE MUSHROOM RICE BOWL <312 kcals>												✓	✓	
JAPANESE CHICKEN KATSU CURRY <691 kcals>		✓		✓								✓		
JAPANESE PUMPKIN KATSU CURRY <601 kcals>		✓										✓	✓	





PLAIN NOODLES <150 kcals>		✓												
PLAIN FRIED NOODLESS <250 kcals>		✓											✓	
MEAT STREET FOOD PLATTER <1008 kcals>		✓			✓							✓	✓	
VEGAN STREET FOOD PLATTER <755 kcals>		✓							✓			✓	✓	
MOCHI ICE CREAM							✓							